SERVING HOPE
IN BROOKLYN & QUEENS

ST. JOHN'S BREAD & LIFE
2019 Annual Report

IN BROOKLYN & QUEENS
On Friday, March 29th, representatives from other human services organizations including Safe Horizon, Riseboro, SCO Flushing Family, and Interfaith Medical Center attended one of our popular networking events. Our networking events are a great way to meet a variety of other organizations providing health and social services in New York City.

Thanks to A Slice of Hope and Obaid Kadwani for hosting our annual Spice of Hope party. Guests in our dining room enjoyed a homemade Indian meal prepared by award-winning chef Gaurav Anand.

On August 18th, neighborhood children and adults attended Bread & Life’s Summer Book Fair to take home new and donated books. In addition to free books, Care for the Homeless offered free vision screenings for children, and WellCare distributed backpacks and school supplies.
Dear Friends,

This was a remarkable year at Bread and Life. Together, we walked with guests whose challenges often seemed insurmountable. In a time when we struggle to regain civility in our lives and our communities, we strive to ensure that our guests feel welcomed, respected and hope-filled. We remind one another every day of how the gentle compassionate look, the outstretched hand and the kind word can reduce tension and bring us together. For us the challenge has been finding ways to empower each guest as they work toward their goals, doing so with dignity and compassion.

This year thanks to the generosity of our donors and funders, we were able to upgrade our state-of-the art Digital Choice Food Pantry by adding new stand-alone kiosks and a queuing system that allows for easier access and ordering; we added online shopping to assist those families who cannot get to us during normal business hours, and transformed our library into a one of a kind resource center offering e-learning and expanded training opportunities. None of this would be possible without your generosity.

Our partnership with Care for the Homeless and the School of Health Sciences at St. John’s University helped us create the very successful “Stop and Chop” program providing guests identified with hypertension and diabetes with opportunities to participate in a series of cooking classes and health initiatives designed to improve overall health. Our newest partnership with the Rogosin Institute, Brooklyn, encourages dialysis patients to “shop” at our mobile marketplace for healthy produce and, if needed, provide access to our digital choice food pantry in a joint effort to assist each person in maintaining optimum health.

In 2019, we served more than 900,000 hot meals through our Soup Kitchen/Dining Room, mobile unit and our state of the art Digital Choice Food Pantry, distributed more than 227,000 pounds of fresh produce through our mobile marketplace, and our social service team secured more than 3.7 million dollars in benefits for our guests.

My pledge to you as the new Executive Director is to continue the work started by the Daughters of Charity, the Congregation of the Mission (Vincentian Brothers and Priests), the parish of St. John the Baptist and of course, Sr. Bernadette more than 37 years ago, and to do it with the same spirit of compassion, care and hopefulness that makes Bread and Life a welcoming, supportive place. Thank you for your continued support.

In gratitude,

Sister Caroline Tweedy, RSM
Executive Director
Mission: Founded in 1982, St. John’s Bread & Life (SJNL) is a faith-based emergency food and social services organization. SJBL’s mission is to bring food and assistance to the poor and accompany them on their journey to wholeness by providing necessary social services.

<table>
<thead>
<tr>
<th>Program</th>
<th>Adults</th>
<th>Seniors</th>
<th>Children</th>
<th>Totals</th>
<th>Meals</th>
</tr>
</thead>
<tbody>
<tr>
<td>Soup Kitchen</td>
<td>105,862</td>
<td>98,320</td>
<td>4,275</td>
<td>208,457</td>
<td>208,457</td>
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<tr>
<td>Mobile Soup Kitchen</td>
<td>111,784</td>
<td>6,276</td>
<td>2,200</td>
<td>120,260</td>
<td>120,260</td>
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<tr>
<td>Digital Choice Food Pantry</td>
<td>25,018</td>
<td>14,311</td>
<td>5,549</td>
<td>45,878</td>
<td>409,302</td>
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<tr>
<td>Emergency Food</td>
<td>353</td>
<td>11</td>
<td>31</td>
<td>395</td>
<td>3,585</td>
</tr>
<tr>
<td>SPAE</td>
<td>3,236</td>
<td>-</td>
<td>4,225</td>
<td>7,507</td>
<td>150,140</td>
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<tr>
<td>Totals</td>
<td>246,299</td>
<td>119,518</td>
<td>16,280</td>
<td>382,097</td>
<td>891,714</td>
</tr>
</tbody>
</table>

7,638 HOUSEHOLDS RECEIVED 20,639 SERVICES
Bread and Life’s primary focus is to alleviate hunger while also working together to improve overall health and nutrition. In 2019 we rolled out a new cooking and education program aimed at promoting healthy diets with a greater consumption of fresh produce designed to reduce hypertension in the community. “Stop & Chop Brooklyn” targets a large population of families and individuals who have health issues related to poor diet and nutrition. These individuals live in the neighborhoods surrounding Bread & Life, where the cost of produce is prohibitive, if even available.

“Stop & Chop” works collaboratively with St. John’s University School of Health Science and Care for the Homeless to provide weekly cooking classes that are creative, fun and motivating for participants. Each class provides opportunities for learning a new recipe, getting nutritional advice and monitoring blood pressure and diabetes in an effort to create healthier eating habits. Produce, supplies and recipes are distributed for guests to try the recipe at home.

A healthcare professional from Care for the Homeless, our onsite medical clinic, provides regular blood pressure screenings, counseling and information to aid those program participants who face health care conditions associated with poor nutrition.
Our core programming consists of our Soup Kitchen/Dining Room which serves more than 700 meals daily, the Mobile Soup kitchen which travels through Brooklyn and Queens reaching out to underserved and overlooked populations, and our trailblazing Digital Choice Food Pantry, providing more than 200 families per day with the opportunity to shop onsite or online bringing the number of meals served daily to 3,000.

For the past three years, Bread & Life has also been preparing meals for local Brooklyn senior centers whose funding has been cut. Last year, around 80,000 nutritious meals were provided to the senior centers and adult daycare programs that asked for our help.

To counter the need for increased food for our programs and meals, Bread & Life constantly sources more fresh produce and other nutritious donated food to help minimize costs while improving nutrition. In 2019, we hired a Rescue Food Coordinator to help us collect and distribute nearly 227,000 pounds of high-quality food including fresh vegetables and fruit to our clients in our onsite Produce Marketplace and through our Mobile Soup Kitchen that distributes fresh produce in poor neighborhoods.
HOW WE HELP

Bread & Life complements its hunger program with a broad array of social services designed to help families and individuals attain greater self-sufficiency. Our case managers help guests secure entitlements, benefits and assist them with applications and referrals for housing, job training, substance abuse counseling, and more.

One of the most utilized services is Project ID, staffed by the Ozanam Scholars from St. John’s University, which provides guests with the essential help they need in obtaining key documents such as birth certificates, non-drivers identification cards, marriage or death certificates and Social Security cards vital for employment, school and more.

COMMUNITY RESOURCE CENTER

Last spring, Bread & Life unveiled our newly designed Community Resource Center. Formerly known as our Multi-Media Room, the new bright and airy space is ergonomically designed and ADA compliant, making more room for guests. The Resource Center promotes e-learning, resume preparation, job and apartment searches, creating email accounts and saving vital documents to the cloud. Our e-book collection contains a broad range of reading material including reference books.

The Community Resource Center is dedicated to the memory of Mary Tobin, long-time board member and former Board Chair of St. John’s Bread & Life. The renovation of the Community Resource Center was funded by private foundations.
It is only through the tens of thousands of helping hands that Bread & Life is able to serve 3,000 meals a day for people in need. We are proud to list our annual donors who make these meals possible on Page 12. But we also want to shine a light on the volunteers who gave us support and encouragement in 2019.

Bread & Life’s volunteers help us make a difference in the lives of the impoverished people we serve. Volunteers do everything from prepping and serving meals in our kitchen, to bagging groceries in our food pantry. This year, volunteers donated nearly 30,000 hours of service to Bread & Life.

We were proud to welcome Citi, Essence Magazine, Bank of America, Repair The World, New York Cares, and Hulu among the many groups who joined us for a day of service, camaraderie and lasting impact. To find out more our volunteer program visit www.breadandlife.org/volunteer
Support From the Community continued

Last November Bread & Life was the recipient of an Empty Bowls reception hosted by Artshack, a non-profit community ceramics center in Brooklyn. Empty Bowls is an annual nationwide event, in which ceramic artists create and sell bowls to raise money for local organizations addressing food insecurity. The Empty Bowls event featured good food, wine, beautiful pottery and raised over $2,322 for Bread & Life.

On January 16th, the Long Island Chapter of the Knights of Columbus sponsored a basketball game at St. John’s University between St. John’s Red Storm and Creighton Blue Jays on behalf of Bread & Life. $10 from each ticket sold resulted in $1,340 for Bread & Life’s hunger relief program.

Bread & Life participated in Catholic Schools Night with the Brooklyn Cyclones on June 17th. We received $5 for every ticket we sold. Our first effort in this program resulted in a $165 donation from the Brooklyn Cyclones.
On May 2, 2019, over two hundred supporters and friends of Bread & Life gathered at Giando on the Water to put a spotlight on the need to assist the less fortunate. This annual fundraising event raised $500,000 to provide food and services to families and individuals in Brooklyn and Queens.

This year we honored four individuals who share our mission of serving the poor in New York City: artist and peace advocate, Yoko Ono, Hall of Fame MLB legend, Joe Torre, the former Associate Vice President, Business Affairs for St. John’s University, Anthony Macaluso, and Ronnie Barr, Co-Manager, Bread & Life’s Food Program.
Newborns and their mothers received diapers, formula, toiletries, clothing, and other basic supplies as a part of our **Mothers and Babies Program**.

Children in the Bread & Life community enjoyed summer fun in nature outside of NYC thanks to the **Fresh Air Fund**.

Guests utilized our **Community Resource Center** to search for housing and employment opportunities, learn resume writing and Office 2016, set-up and check email accounts, and take advantage of a broad range of reading materials.

Individuals participated weekly in our **Men’s and Women’s Groups**.

Vital documents such as birth certificate, State IDs, Social Security cards, and marriage licenses were obtained through **Project ID**.

Families and individuals enrolled in **Single Stop** benefits (Medicaid, health insurance, and food stamp enrollment/recertification) and other social services provided by Bread & Life.

**7,638 households received social services from Bread & Life**
Bread & Life’s work would not be possible without the volunteer hours, donations large and small, and the vibrant energy and ideas our supporters bring to ever endeavor.

Thank you to our 2019 Supporters!

**10,000+ MEALS**
Carson Family Charitable Trust
Constans Culver Foundation
The City Of New York Office Of The Comptroller
Dormitory Authority Of The State Of New York
Thomas E. & Paula McInerney New York State Dept Of Health
NYC Human Resources Administration
NYS Office Of Temporary And Disability Assistance
Robin Hood Foundation
RTS Family Foundation
Single Stop USA, Inc.

**5,000+ MEALS**
Achelis and Bodman Foundation
Barker Welfare Foundation
Bloomberg L.P.
Patricia A. Castel, Esq.
Charles L. Keith & Clara S. Miller Foundation
H. W. Wilson Foundation, Inc.
Martha K. Hirsh
Howard E. Stark Charitable Foundation
Kevin and Kris Jandora
Mary J. Hutchins Foundation, Inc.
McInerney Family Foundation
Thomas & Susan McInerney
Fredrick and Dr. Edna Pytlak
Kevin Reed
Rocco Rosina
Dr. Jerrold Ross
United Way Of America

**2,500+ MEALS**
Anonymous
Honorable Joseph Bellacosa & Mrs. Mary Bellacosa
John and Eleanore Brennan
Charles D. Buckley
Denis P. & Carol A. Kelleher
Charitable Foundation
Fund For Public Health in New York, Inc.

**1,000+ MEALS**
Neil & Elise B. Gabriele
Rev. Donald J. Harrington, CM
Hyde And Watson Foundation
Jean & Louis Dreyfus Foundation, Inc.
Jeffrey S. Jirele Insurance Agency, Inc.
The Joe W. and Dorothy Dorsett Brown Foundation
Judy And Fred Wilpon Family Foundation, Inc.
Helen T. Lowe
Robert Minicucci
Thomas Nedell & Patricia Boozang
NYS Office Of Children And Family Services
Riley Family Foundation
Joseph & Maria Schwartz
Sisters Of Mercy—Halifax
St. John's University Student Government
Studio One
Oliver Zlomislic

**1 meal from farm to table= $3.10**
IN-KIND GIFTS

MAJOR FOOD DONATIONS
3 Guys from Brooklyn
BSE Global
Catania Bakery
City Harvest
Endless Generosity
Food Bank for New York City
GrowNYC
High Town
Joseph Gibbs
JETRO
Local Produce Link—United Way of New York City
Peck’s Foods
PS209Q Clearview Garden School
Rescue Cuisine
ReThink Food NYC
Roshen USA
Sacred Heart/St. Stephen’s Parish
Anne Sonnick
St. John’s University Sustainability Programs
USDA Team

OTHER IN-KIND GIFTS
Bombas Socks
Brooklyn Bridge Pediatrics
Christ Chosen Church of God
Genesis Renal Care
Jerry Industrious
Sonny Lee
Marathon Energy
Repair the World, Inc.
Resurrection Church
Sunday Community at St. John’s University
Mr. & Mrs. Chris Titcombe
Wonderful Life Adult Daycare

St. John’s Bread & Life is grateful for the gifts made during the 2019 fiscal year, from July 1, 2018, through June 30th, 2019. Every effort was made to ensure the accuracy of this report. If an error or omission has been made, please accept our apologies and notify the Development Office at 718-574-0058. Ex. 137.

BREAD & LIFE SENIOR TEAM

Sr. Caroline Tweed, RSM
Executive Director

Sr. Marie Sorenson, SC
Associate Executive Director/Chaplain

Al Diefenbach,
Director, MIS/IT Services

Candice Mason,
Director of Development and Communications

Emmy Nunez-Afiz
Director, HR/Business Manager

Jennifer Stephen
Volunteer Coordinator

Susanna Aguilar
Administrative Assistant

Kate Boelkins, Designer
Financial Information for Year Ended June 30, 2019

**PUBLIC SUPPORT AND OTHER REVENUES:**

<table>
<thead>
<tr>
<th>Source</th>
<th>Amount</th>
</tr>
</thead>
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<tr>
<td>Individuals</td>
<td>$1,418,565</td>
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<tr>
<td>Corporations</td>
<td>43,395</td>
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<tr>
<td>Foundations</td>
<td>933,650</td>
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<tr>
<td>Government</td>
<td>669,882</td>
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<tr>
<td>Religious Organizations</td>
<td>11,000</td>
</tr>
<tr>
<td>Special Events</td>
<td>484,915</td>
</tr>
<tr>
<td>Miscellaneous</td>
<td>5,262</td>
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<tr>
<td>In-kind Donations</td>
<td>289,508</td>
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<tr>
<td><strong>Total Public Support</strong></td>
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**EXPENSES:**

**PROGRAM SERVICES**

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
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</thead>
<tbody>
<tr>
<td>Meals and Nutrition</td>
<td>1,876,267</td>
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<tr>
<td>Social Services</td>
<td>1,681,188</td>
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<tr>
<td><strong>Total Program Services</strong></td>
<td>3,557,455</td>
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**SUPPORTING SERVICES**

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cost of direct benefits to donors</td>
<td>14,629</td>
</tr>
<tr>
<td>Fundraising</td>
<td>451,824</td>
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<tr>
<td>Management</td>
<td>330,728</td>
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<tr>
<td><strong>Total Supporting Services</strong></td>
<td>797,181</td>
</tr>
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</table>

**TOTAL OPERATING EXPENSES** 4,354,636

- Change in Net Assets: (498,459)
- **NET ASSETS – BEGINNING OF YEAR** 6,092,419
- **NET ASSETS – END OF YEAR** $5,593,960

The above information was abstracted from financial statements for the fiscal year ending June 30, 2019 audited by Marks Paneth and may be reviewed on our website, www.breadandlife.org.

St. John’s Bread & Life does not and shall not discriminate on basis of race, color, religion, gender expression, age, national origin, disability, marital status, sexual orientation or military status, in any of its activities or operations.
Board of Directors

Executive Committee

Board Chair
Thomas E. McInerney
Chief Executive Office, Bluff Point Associates

Treasurer
Martha K. Hirst
Senior Vice President, Chief Financial Officer & Treasurer, Fordham University

Secretary
Patricia A. Castel, Esq.
Attorney

Directors

Dorothy E. Habben, Ph.D.
Vice President and Secretary of the University Emerita, St. John's University

Rev. Donald J. Harrington, CM
President Emeritus, St. John's University

Honorable Sylvia Hinds-Radix
Administrative Judge, New York State Supreme Court

Jackie Lochrie
Acting Dean of Students, and Associate Dean for Student Services, St. John's University

Ms. Helen T. Lowe
Development Consultant

Rev. John T. Maher
St. John's University

Mr. Thomas Nedell
Vice President & Chief Financial Officer, Northeastern University

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President & CEO
Council on International Education Exchange

Mr. Fred Pytlak
Founder & Chief Client Officer (retired), Connexin Software, Inc.

Kevin F. Reed
Retired Managing Director, Citigroup Asset Management

Rev. Astor Rodriguez, CM
St. John the Baptist & Our Lady of Good Counsel

Dr. Jerrold Ross
Dean Emeritus, The School of Education, St. John's University

Colleen Kelleher Sorrentino
CFA, Managing Director, Wall Street Access

Sr. Julia Ann Upton, RSM., Ph.D.
Provost Emerita, St. John's University

Mr. Richard Weston
Retired Educator, Retired NYPD

Directors Emeriti

Honorable Joseph Bellacosa
Retired Chief Administrative Judge, New York State Court of Appeals

Sr. Margaret Mary Fitzpatrick, SC, Ed.D
President, St. Thomas Aquinas College

Sr. Judith Garson, RSCJ
Mr. Joseph Martino
Hess Miller Funeral Home

Mary Tobin *

Membership

Rev. John Kettelberger, CM
Provincial Director, Daughters of Charity, St. Louis, MO

Mrs. Paula McInerney
Dean Michael Simons
School of Law, St. John's University

Bread & Life board members attending the 21st Annual Johnny's Angel Award Dinner at Giando on the Water.
An annual tradition at Bread & Life is **Sponsor A Family**. This holiday program provides new age-appropriate gifts for children and teens. Our homeless guests are gifted with warm gloves, hats and socks. All families enrolled in the program go home with a delicious holiday meal with special treats, containing enough food to last for six meals. Last year 5,000 children and 2,000 families participated in this holiday program.

A big round of applause goes to the dedicated volunteers who help us pack and distribute gifts and meals. A standing ovation is for the hundreds of donors who want to share holiday cheer with those less fortunate. Their thoughtfulness and generosity provide the support that makes this holiday program possible.

Learn more at [www.breadandlife.org/support-us/sponsor-family](http://www.breadandlife.org/support-us/sponsor-family)