

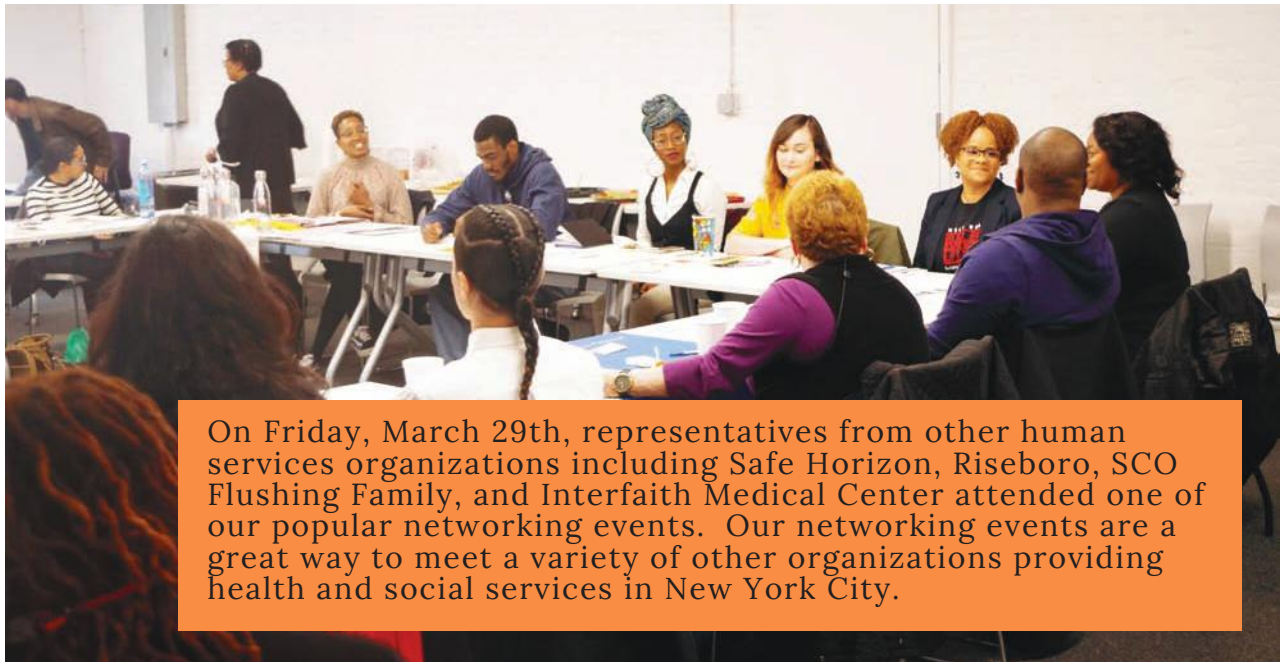


# **SERVING HOPE**

## IN BROOKLYN & QUEENS

**ST. JOHN'S  
BREAD & LIFE**

2019 Annual Report



Thanks to A Slice of Hope and Obaid Kadwani for hosting our annual Spice of Hope party. Guests in our dining room enjoyed a homemade Indian meal prepared by award-winning chef Gaurav Anand.



On August 18th, neighborhood children and adults attended Bread & Life's Summer Book Fair to take home new and donated books. In addition to free books, Care for the Homeless offered free vision screenings for children, and WellCare distributed backpacks and school supplies.



Dear Friends,

This was a remarkable year at Bread and Life. Together, we walked with guests whose challenges often seemed insurmountable. In a time when we struggle to regain civility in our lives and our communities, we strive to ensure that our guests feel welcomed, respected and hope-filled. We remind one another every day of how the gentle compassionate look, the outstretched hand and the kind word can reduce tension and bring us together. For us the challenge has been finding ways to empower each guest as they work toward their goals, doing so with dignity and compassion.



This year thanks to the generosity of our donors and funders, we were able to upgrade our state-of-the art Digital Choice Food Pantry by adding new stand-alone kiosks and a queuing system that allows for easier access and ordering; we added online shopping to assist those families who cannot get to us during normal business hours, and transformed our library into a one of a kind resource center offering e-learning and expanded training opportunities. None of this would be possible without your generosity.

Our partnership with Care for the Homeless and the School of Health Sciences at St. John's University helped us create the very successful "Stop and Chop" program providing guests identified with hypertension and diabetes with opportunities to participate in a series of cooking classes and health initiatives designed to improve overall health. Our newest partnership with the Rogosin Institute, Brooklyn, encourages dialysis patients to "shop" at our mobile marketplace for healthy produce and, if needed, provide access to our digital choice food pantry in a joint effort to assist each person in maintaining optimum health.

In 2019, we served more than 900,000 hot meals through our Soup Kitchen/Dining Room, mobile unit and our state of the art Digital Choice Food Pantry, distributed more than 227,000 pounds of fresh produce through our mobile marketplace, and our social service team secured more than 3.7 million dollars in benefits for our guests.

My pledge to you as the new Executive Director is to continue the work started by the Daughters of Charity, the Congregation of the Mission (Vincentian Brothers and Priests), the parish of St. John the Baptist and of course, Sr. Bernadette more than 37 years ago, and to do it with the same spirit of compassion, care and hopefulness that makes Bread and Life a welcoming, supportive place. Thank you for your continued support.

In gratitude,

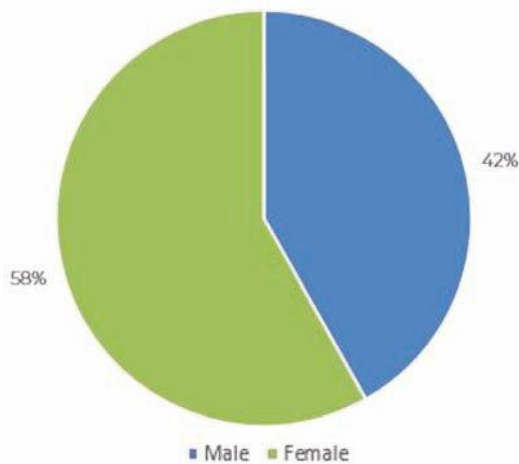
A handwritten signature in blue ink, reading "Sister Caroline Tweedy, RSM".

Sister Caroline Tweedy, RSM  
Executive Director

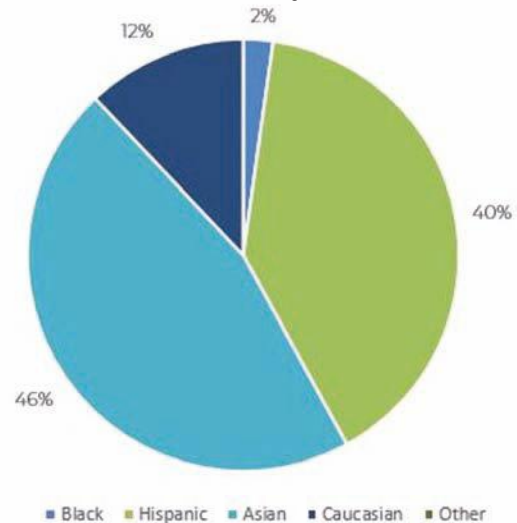
**Mission:** Founded in 1982, St. John's Bread & Life (SJNL) is a faith-based emergency food and social services organization. SJBL's mission is to bring food and assistance to the poor and accompany them on their journey to wholeness by providing necessary social services.

Meals Served July 1, 2018 – June 30, 2019					
Program	Adults	Seniors	Children	Totals	Meals
Soup Kitchen	105,862	98,320	4,275	208,457	208,457
Mobile Soup Kitchen	111,784	6,276	2,200	120,260	120,260
Digital Choice Food Pantry	25,018	14,911	5,549	45,478	409,302
Emergency Food	353	11	31	395	3,555
SPAF	3,236	-	4,225	7,507	150,140
<b>Totals</b>	<b>246,299</b>	<b>119,518</b>	<b>16,280</b>	<b>382,097</b>	<b>891,714</b>

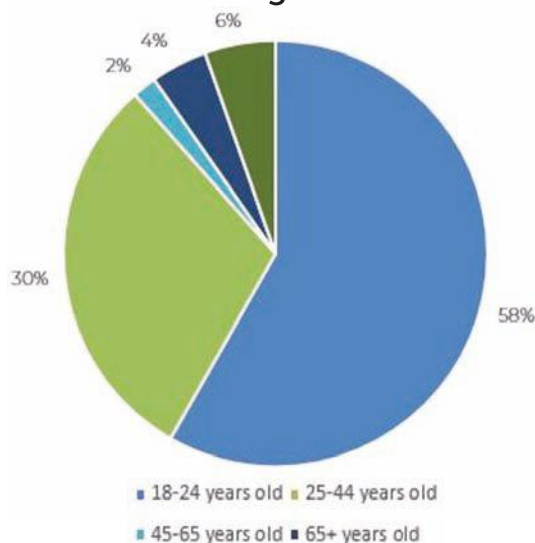
Gender



Ethnicity



Age



**7,638 HOUSEHOLDS  
RECEIVED 20,639  
SERVICES**

## PROMOTING HEALTHY FOOD ACCESS, CONSUMPTION AND HEALTHY LIFESTYLES

Bread and Life's primary focus is to alleviate hunger while also working together to improve overall health and nutrition. In 2019 we rolled out a new cooking and education program aimed at promoting healthy diets with a greater consumption of fresh produce designed to reduce hypertension in the community. **"Stop & Chop Brooklyn"** targets a large population of families and individuals who have health issues related to poor diet and nutrition. These individuals live in the neighborhoods surrounding Bread & Life, where the cost of produce is prohibitive, if even available.

"Stop & Chop" works collaboratively with St. John's University School of Health Science and Care for the Homeless to provide weekly cooking classes that are creative, fun and motivating for participants. Each class provides opportunities for learning a new recipe, getting nutritional advice and monitoring blood pressure and diabetes in an effort to create healthier eating habits. Produce, supplies and recipes are distributed for guests to try the recipe at home.



A healthcare professional from Care for the Homeless, our onsite medical clinic, provides regular blood pressure screenings, counseling and information to aid those program participants who face health care conditions associated with poor nutrition.



## FEEDING THE HUNGRY

Our core programming consists of our Soup Kitchen/Dining Room which serves more than 700 meals daily, the Mobile Soup kitchen which travels through Brooklyn and Queens reaching out to underserved and overlooked populations, and our trailblazing Digital Choice Food Pantry, providing more than 200 families per day with the opportunity to shop onsite or online bringing the number of meals served daily to 3,000.

For the past three years, Bread & Life has also been preparing meals for local Brooklyn senior centers whose funding has been cut. Last year, around 80,000 nutritious meals were provided to the senior centers and adult daycare programs that asked for our help.

To counter the need for increased food for our programs and meals, Bread & Life constantly sources more fresh produce and other nutritious donated food to help minimize costs while improving nutrition. In 2019, we hired a Rescue Food Coordinator to help us collect and distribute nearly 227,000 pounds of high-quality food including fresh vegetables and fruit to our clients in our onsite Produce Marketplace and through our Mobile Soup Kitchen that distributes fresh produce in poor neighborhoods.



### HOW WE HELP

Bread & Life complements its hunger program with a broad array of social services designed to help families and individuals attain greater self-sufficiency. Our case managers help guests secure entitlements, benefits and assist them with applications and referrals for housing, job training, substance abuse counseling, and more.

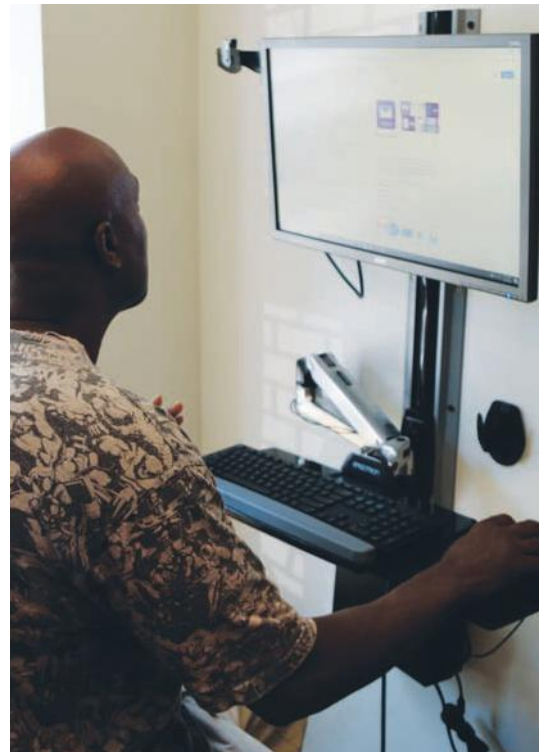
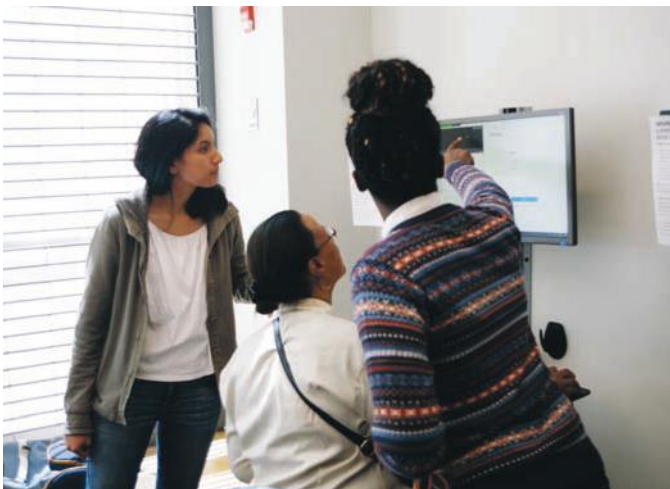
One of the most utilized services is **Project ID**, staffed by the Ozanam Scholars from St. John's University, which provides guests with the essential help they need in obtaining key documents such as birth certificates, non-drivers identification cards, marriage or death certificates and Social Security cards vital for employment, school and more.



### COMMUNITY RESOURCE CENTER

Last spring, Bread & Life unveiled our newly designed **Community Resource Center**. Formerly known as our Multi-Media Room, the new bright and airy space is ergonomically designed and ADA compliant, making more room for guests. The Resource Center promotes e-learning, resume preparation, job and apartment searches, creating email accounts and saving vital documents to the cloud. Our e-book collection contains a broad range of reading material including reference books.

The Community Resource Center is dedicated to the memory of Mary Tobin, long-time board member and former Board Chair of St. John's Bread & Life. The renovation of the Community Resource Center was funded by private foundations.





### VOLUNTEERS MAKE A DIFFERENCE



It is only through the tens of thousands of helping hands that Bread & Life is able to serve 3,000 meals a day for people in need. We are proud to list our annual donors who make these meals possible on **Page 12**. But we also want to shine a light on the volunteers who gave us support and encouragement in 2019.

Bread & Life's volunteers help us make a difference in the lives of the impoverished people we serve. Volunteers do everything from prepping and serving meals in our kitchen, to bagging groceries in our food pantry. This year, volunteers donated nearly 30,000 hours of service to Bread & Life.

We were proud to welcome Citi, Essence Magazine, Bank of America, Repair The World, New York Cares, and Hulu among the many groups who joined us for a day of service, camaraderie and lasting impact. To find out more our volunteer program visit [www.breadandlife.org/volunteer](http://www.breadandlife.org/volunteer)







Last November Bread & Life was the recipient of an **Empty Bowls** reception hosted by **Artshack**, a non-profit community ceramics center in Brooklyn. Empty Bowls is an annual nationwide event, in which ceramic artists create and sell bowls to raise money for local organizations addressing food insecurity. The Empty Bowls event featured good food, wine, beautiful pottery and raised over \$2,322 for Bread & Life.



On January 16th, the **Long Island Chapter of the Knights of Columbus** sponsored a basketball game at St. John's University between St. John's Red Storm and Creighton Blue Jays on behalf of Bread & Life. \$10 from each ticket sold resulted in \$1,340 for Bread & Life's hunger relief program.



Bread & Life participated in Catholic Schools Night with the **Brooklyn Cyclones** on June 17th. We received \$5 for every ticket we sold. Our first effort in this program resulted in a \$165 donation from the Brooklyn Cyclones.

### THE 21ST ANNUAL JOHNNY'S ANGEL AWARDS

On May 2, 2019, over two hundred supporters and friends of Bread & Life gathered at Giando on the Water to put a spotlight on the need to assist the less fortunate. This annual fundraising event raised \$500,000 to provide food and services to families and individuals in Brooklyn and Queens.



This year we honored four individuals who share our mission of serving the poor in New York City: artist and peace advocate, Yoko Ono, Hall of Fame MLB legend, Joe Torre, the former Associate Vice President, Business Affairs for St. John's University, Anthony Macaluso, and Ronnie Barr, Co-Manager, Bread & Life's Food Program.





## INDIVIDUALS SERVED BY BREAD & LIFE SOCIAL SERVICES

690

Newborns and their mothers recieved diapers, formula, toilitries, clothing, and other basic supplies as a part of our **Mothers and Babies Program**.

52

Individuals participated weekly in our **Men's and Women's Groups**.

20

Children in the Bread & Life community enjoyed summer fun in nature outside of NYC thanks to the **Fresh Air Fund**.

166

Vital documents such as birth certificate, State IDs, Social Security cards, and marriage licenses were obtained through **Project ID**.

2,758

Guests utilized our **Community Resource Center** to search for housing and employment opportunities, learn resume writing and Office 2016, set-up and check email accounts, and take advantage of a broad range of reading materials.

2,420

Families and individuals enrolled in **Single Stop** benefits (Medicaid, health insurance, and food stamp enrollment/recertification) and other social services provided by Bread & Life.

**7,638 households received social services from Bread & Life**



Bread & Life's work would not be possible without the volunteer hours, donations large and small, and the vibrant energy and ideas our supporters bring to ever endeavor.

**Thank you to our 2019 Supporters!**

### 10,000+ MEALS

Carson Family Charitable Trust  
Constans Culver Foundation  
The City Of New York Office Of  
The Comptroller  
Dormitory Authority Of The State  
Of New York  
Thomas E. & Paula McInerney  
New York State Dept Of Health  
NYC Human Resources  
Administration  
NYS Office Of Temporary And  
Disability Assistance  
Robin Hood Foundation  
RTS Family Foundation  
Single Stop USA, Inc.

### 5,000+ MEALS

Achelis and Bodman Foundation  
Barker Welfare Foundation  
Bloomberg L.P.  
Patricia A. Castel, Esq.  
Charles L. Keith & Clara S. Miller  
Foundation  
H. W. Wilson Foundation, Inc.  
Martha K. Hirst  
Howard E. Stark Charitable  
Foundation  
Kevin and Kris Jandora  
Mary J. Hutchins Foundation, Inc.  
McInerney Family Foundation  
Thomas & Susan McInerney  
Fredrick and Dr. Edna Pytlak  
Kevin Reed  
Rocco Roina  
Dr. Jerrold Ross  
United Way Of America

### 2,500+ MEALS

Anonymous  
Honorable Joseph Bellacosa & Mrs.  
Mary Bellacosa  
John and Eleanore Brennan  
Charles D. Buckley  
Denis P. & Carol A. Kelleher  
Charitable Foundation  
Fund For Public Health in New  
York, Inc.

Neil & Elise B. Gabriele  
Rev. Donald J. Harrington, CM  
Hyde And Watson Foundation  
Jean & Louis Dreyfus Foundation,  
Inc.  
Jeffrey S. Jirele Insurance Agency,  
Inc.  
The Joe W. and Dorothy Dorsett  
Brown Foundation  
Judy And Fred Wilpon Family  
Foundation, Inc.  
Helen T. Lowe  
Robert Minicucci  
Thomas Nedell & Patricia Boozang  
NYS Office Of Children And Family  
Services  
Riley Family Foundation  
Joseph & Maria Schwartz  
Sisters Of Charity—Halifax  
Sisters of Mercy  
St. John's University Student  
Government  
Studio One  
Oliver Zlomislac

### 1,000+ MEALS

Anthem, Inc.  
Sr. Margaret Mary Fitzpatrick,  
S.C., Ed.D.  
Frank J. Antun Foundation  
William Janetschek  
Kolar Charitable Foundation  
Leo S. Walsh Foundation  
May & Samuel Rudin Family  
Foundation, Inc.  
M.B. & Edna Zale Foundation  
Michael J. & Nancy J. McInerney  
Edward D. Miller  
Moses L. Parshelsky Foundation  
Order Of Malta, American  
Association  
Kevin & Amy Owens  
James Pellow  
Ridgewood Savings Bank  
Hon. Reinaldo Rivera & Maura  
McLoughlin  
Steve Scacalossi  
Andrew & Margaret Schilling

Sidney and Judith Kranes Charitable  
Trust  
Patricia C. Skarulis  
Society of the Friendly Sons of St.  
Patrick in the City of New York  
The Tablet Publishing Company, Inc.  
Peter Tobin  
WellCare  
Josh Weston  
William C. & Joyce C. O'Neil  
Charitable Trust

### 500+ MEALS

Michele Allmaras  
Anna E. Gallagher Charitable Trust  
Artshack Brooklyn  
Bank Of America  
Butler Family Foundation  
Paul and Jeanne Carroll  
The Catherine M. Walsh Foundation  
William and Lesley L. Collins  
James DeRubertis  
Mary S. Driver  
Gaffney Foundation  
Dorothy Habben, Ph.D.  
The Laura B. Vogler Foundation, Inc.  
Anthony & Dianne Macaluso  
Macy's Corporate Services, Inc.  
Martha Mertz Foundation, Inc.  
Joseph Martino  
Joseph & Mary Ann Mattone  
John & Maureen McInerney  
Metzger-Price Fund Inc.  
Network For Good  
Joan O'Malley  
Benjamin C. Paternoster  
RenaissanceRe  
Repair The World, Inc.  
Rev. Astor Rodriguez, CM  
Carmine Rubino  
Brian & Patricia Shea  
Philip and Camille Spletzer  
Geoff & Kerry Tice  
Tom Tytunovich  
Richard J. Weston

1 meal from farm to table= \$3.10



## IN-KIND GIFTS

### MAJOR FOOD DONATIONS

3 Guys from Brooklyn  
 BSE Global  
 Catania Bakery  
 City Harvest  
 Endless Generosity  
 Food Bank for New York City  
 GrowNYC  
 High Town  
 Joseph Gibbs  
 JETRO  
 Local Produce Link—United Way of New York City  
 Peck's Foods  
 PS209Q Clearview Garden School  
 Rescue Cuisine  
 ReThink Food NYC  
 Roshen USA  
 Sacred Heart/St. Stephen's Parish  
 Anne Sonnick  
 St. John's University Sustainability Programs  
 USDA Team

### OTHER IN-KIND GIFTS

Bombas Socks  
 Brooklyn Bridge Pediatrics  
 Christ Chosen Church of God  
 Genesis Renal Care  
 Jerry Industrious  
 Sonny Lee  
 Marathon Energy  
 Repair the World, Inc.  
 Resurrection Church  
 Sunday Community at St. John's University  
 Mr. & Mrs. Chris Titcombe  
 Wonderful Life Adult Daycare



*St. John's Bread & Life is grateful for the gifts made during the 2019 fiscal year, from July 1, 2018, through June 30th, 2019. Every effort was made to ensure the accuracy of this report. If an error or omission has been made, please accept our apologies and notify the Development Office at 718-574-0058. Ex. 137.*

## BREAD & LIFE SENIOR TEAM

Sr. Caroline Tweedy, RSM  
 Executive Director

Sr. Marie Sorenson, SC  
 Associate Executive Director/Chaplain

Al Diefenbach,  
 Director, MIS/IT Services

Candyce Mason,  
 Director of Development and Communications

Emmy Nunez-Afiz  
 Director, HR/Business Manager

Jennifer Stephen  
 Volunteer Coordinator

Susanna Aguilar  
 Administrative Assistant

Kate Boelkins, Designer

## PUBLIC SUPPORT AND OTHER REVENUES:

Individuals	\$1,418,565
Corporations	43,395
Foundations	933,650
Government	669,882
Religious Organizations	11,000
Special Events	484,915
Miscellaneous	5,262
In-kind Donations	289,508
<b>Total Public Support</b>	<b>3,856,177</b>

## EXPENSES:

### PROGRAM SERVICES

Meals and Nutrition	1,876,267
Social Services	1,681,188
<b>Total Program Services</b>	<b>3,557,455</b>

### SUPPORTING SERVICES

Cost of direct benefits to donors	14,629
Fundraising	451,824
Management	330,728
<b>Total Supporting Services</b>	<b>797,181</b>

## TOTAL OPERATING EXPENSES 4,354,636

Change in Net Assets	(498,459)
NET ASSETS – <u>BEGINNING OF YEAR</u>	6,092,419
NET ASSETS – END OF YEAR	\$5,593,960



The above information was abstracted from financial statements for the fiscal year ending June 30, 2019 audited by Marks Paneth and may be reviewed on our website, [www.breadandlife.org](http://www.breadandlife.org).

St. John's Bread & Life does not and shall not discriminate on basis of race, color, religion, gender expression, age, national origin, disability, marital status, sexual orientation or military status, in any of its activities or operations.



## Executive Committee

### Board Chair

**Thomas E. McInerney**  
Chief Executive Office, Bluff  
Point Associates

### Treasurer

**Martha K. Hirst**  
Senior Vice President, Chief  
Financial Officer & Treasurer,  
Fordham University

### Secretary

**Patricia A. Castel, Esq.**  
Attorney

## Directors

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Vice President and Secretary of  
the University Emerita, St. John's  
University

**Rev. Donald J. Harrington, CM**  
President Emeritus, St. John's  
University

**Honorable Sylvia Hinds-Radix**  
Administrative Judge, New York  
State Supreme Court

**Jackie Lochrie**  
Acting Dean of Students, and  
Associate Dean for Student  
Services, St. John's University

**Ms. Helen T. Lowe**  
Development Consultant

**Rev. John T. Maher**  
St. John's University

**Mr. Thomas Nedell**  
Vice President & Chief Financial  
Officer, Northeastern University

**James P. Pellow, Ed.D.**  
President & CEO  
Council on International  
Education Exchange

**Mr. Fred Pytlak**  
Founder & Chief Client Officer  
(retired), Connexin Software, Inc.

**Kevin F. Reed**  
Retired Managing Director,  
Citigroup Asset Management

**Rev. Astor Rodriguez, CM**  
St. John the Baptist & Our Lady of  
Good Counsel

**Dr. Jerrold Ross**  
Dean Emeritus, The School of  
Education, St. John's University

**Colleen Kelleher Sorrentino**  
CFA, Managing Director, Wall  
Street Access

**Sr. Julia Ann Upton, RSM., Ph.D.**  
Provost Emerita, St. John's University

**Mr. Richard Weston**  
Retired Educator, Retired NYPD

## Directors Emeriti

**Honorable Joseph Bellacosa**  
Retired Chief Administrative Judge,  
New York State Court of Appeals

**Sr. Margaret Mary Fitzpatrick, SC, Ed.D**  
President, St. Thomas Aquinas College

**Sr. Judith Garson, RSCJ**

**Mr. Joseph Martino**  
Hess Miller Funeral Home

**Mary Tobin +**

## Membership

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Provincial Director, Daughters of Charity,  
St. Louis, MO

**Mrs. Paula McInerney**

**Dean Michael Simons**  
School of Law, St. John's University



Bread & Life board members attending the 21st Annual Johnny's Angel Award Dinner at Giando on the Water.



An annual tradition at Bread & Life is **Sponsor A Family**. This holiday program provides new age-appropriate gifts for children and teens. Our homeless guests are gifted with warm gloves, hats and socks. All families enrolled in the program go home with a delicious holiday meal with special treats, containing enough food to last for six meals. Last year 5,000 children and 2,000 families participated in this holiday program.

A big round of applause goes to the dedicated volunteers who help us pack and distribute gifts and meals. A standing ovation is for the hundreds of donors who want to share holiday cheer with those less fortunate. Their thoughtfulness and generosity provide the support that makes this holiday program possible.

Learn more at [www.breadandlife.org/support-us/sponsor-family](http://www.breadandlife.org/support-us/sponsor-family)



**St. John's Bread & Life**  
795 Lexington Avenue  
Brooklyn, NY 11221  
718-574-0058

Make a Gift Today  
[www.breadandlife.org/donate/now](http://www.breadandlife.org/donate/now)

Find Bread & Life on Twitter and Instagram **@breadandlife** and on Facebook **@breadandlifebk**.

Stay up-to-date with our news, programs and events by joining our mailing list. Text **JOINSJBL** to 22828 to sign up.